



# Unravelling the Complexity of Plant Breeding through Modern Genetic Techniques and Tools: A review

**Khuban Buch<sup>a++</sup>, Aadesh Kaushik<sup>b\*</sup>, Upasna Mishra<sup>c#</sup>,  
Shreedhar Beese<sup>d++</sup>, Sudipta Samanta<sup>e++</sup>, Rajbeer Singh<sup>f#</sup>  
and Mubeen<sup>g#</sup>**

<sup>a</sup> SKUAST, Kashmir, India.

<sup>b</sup> Department of Agriculture, CCSHAU, Hisar, Haryana, India.

<sup>c</sup> Department of Genetics and Plant Breeding, Faculty of Agriculture, Medicaps University Indore, India.

<sup>d</sup> Department of Floriculture and Landscape Architecture, Dr. Y S Parmar University of Horticulture and Forestry, Nauni Solan (Himachal Pradesh), India.

<sup>e</sup> Department of Genetics and Plant Breeding, Uttar Banga Krishi Viswavidyalaya, Coochbehar, West Bengal-736165, India.

<sup>f</sup> Department of Genetics and Plant Breeding, AKS University, Satna, MP, India.

<sup>g</sup> Faculty of Agriculture, Mohammad Ali Jauhar University, Rampur (U.P.), India.

## **Authors' contributions**

*This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.*

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<sup>++</sup> Ph. D Research Scholar;

<sup>#</sup> Assistant Professor;

<sup>\*</sup>Corresponding author: E-mail: aadeshpnndt@gmail.com;

## ABSTRACT

Plant breeding has witnessed a transformative evolution, transitioning from traditional practices to a paradigm fueled by advanced genetic techniques. This review delves into the multifaceted journey of plant breeding, emphasizing its contemporary intersection with modern genetic tools. We highlight the immense potential these tools, from high-throughput sequencing to genome editing, offer in redefining crop enhancement. The significant strides made in areas like Marker Assisted Selection (MAS), Genomic Selection (GS), and omics technologies are discussed, underscoring their role in creating resilient, high-yield, and nutritionally-enhanced crops. The adoption of these technologies is not devoid of challenges. The paper examines technical hurdles, ethical debates, intellectual property concerns, and socioeconomic barriers that stand in the way of universal adoption. Furthermore, we explore emerging technologies poised to further revolutionize the domain and emphasize the role of interdisciplinary collaboration in driving future breakthroughs. Strategies to foster global dissemination and adoption of these techniques are also presented, highlighting the crucial role of robust policy frameworks and regulatory guidance. As the global community confronts escalating food security concerns against a backdrop of climate change, this review underscores the indispensability of modern genetic tools in paving the way forward, while also cognizant of the intricate challenges that lie ahead

*Keywords: Genomics; breeding; bioinformatics; CRISPR; omics.*

## 1. INTRODUCTION

Plant breeding, a centuries-old practice, has fundamentally shaped the course of human civilization. Historically, it played a pivotal role in our transition from hunter-gatherer societies to agrarian ones, laying the foundation for stable, permanent settlements [1]. The primary aim of plant breeding has been to improve the genetic makeup of crop plants, ensuring increased yields, resistance to pests, and better adaptability to diverse environmental conditions. Its significance extends far beyond just ensuring food security. The carefully curated varieties have also contributed to trade, commerce, and have even been emblematic of cultural identities. Consider the apple, for instance. What began as a wild fruit in the steppes of Kazakhstan underwent centuries of cultivation and breeding. Today, the apple isn't just a fruit; it's a symbol of health, culture, and commerce. This transformative journey of the apple, from a wildling to a staple fruit, encapsulates the magic of plant breeding. Traditionally, plant breeding relied on observational skills. Ancient farmers selected plants that demonstrated desirable traits like drought resistance or high yield. They would then save the seeds from these plants and sow them the following season. Over time, this iterative process refined the genetic makeup of these crops, making them more suited for human needs. One of the earliest breeding techniques was simply selecting and re-sowing the seeds from the highest yielding plants. As understanding grew, breeders began cross-

pollinating plants, marrying beneficial traits from two parent plants. The maize crops in ancient America serve as a case in point. Initial maize plants were small and bore little resemblance to today's robust corn plants. Through astute observation and cross-pollination, ancient farmers transformed this grass into a staple food crop, one that would later feed millions across continents [2]. With the dawn of the 20th century, breeding techniques became more refined, driven by the burgeoning understanding of genetics. Mendelian genetics provided the foundational understanding that traits are inherited in a predictable manner. This new knowledge paved the way for systematic hybridization programs, where plants were crossed to introduce specific desired traits. For instance, in the early 1900s, wheat varieties were hybridized with Japanese dwarf wheat to produce semi-dwarf varieties that were resistant to lodging (falling over) and could support higher grain yields [3]. As significant as these traditional breeding techniques have been, they also had limitations. The primary challenge was the time they took; generations of plants had to be grown and observed to confirm the inheritance of a desired trait. Moreover, there was always an element of uncertainty as unwanted traits could also be inherited alongside the desired ones. The integration of modern genetic tools has revolutionized this arena. By understanding the genetic makeup of plants at a molecular level, breeders can now pinpoint the genes responsible for specific traits. This precision means they can introduce only the desired genes, reducing the

chances of undesired traits appearing in the new varieties. The modern genetic toolkit, comprising gene sequencing, molecular markers, and even gene editing, offers breeders a granular view into the genetic landscape of plants. Such tools empower them to make informed decisions, ensuring the development of crop varieties that are more resilient, nutritious, and sustainable. For instance, by using genetic markers, breeders can now identify plants that carry resistance to specific diseases, even before these plants show any external symptoms [4].

## 2. TRADITIONAL PLANT BREEDING

Traditional plant breeding has been the cornerstone of agriculture for thousands of years. This art and science of changing the traits of plants in order to produce desired characteristics played an instrumental role in the development of human civilizations. The continuous domestication and optimization of crops allowed for consistent food supply, facilitating the transition from nomadic tribes to settled communities. Here, we delve into the principles, goals, limitations, and some landmark successes of traditional plant breeding. At its core, traditional plant breeding hinges on the concept of selection. It's an exercise of spotting a desirable trait in a plant and ensuring that trait's passage to the subsequent generation. This practice dates back to the very origins of agriculture when early farmers would save seeds from plants exhibiting favorable characteristics, such as larger seeds or sweeter fruits, and plant them in the subsequent season [5].

**Enhancing Yield:** One of the principal aims of plant breeding has always been to augment the quantity of harvestable product from a plant, be it grain, fruit, or leaf.

**Improving Quality:** Yield isn't the only consideration. Attributes like taste, nutritional content, and post-harvest longevity are equally crucial.

**Disease and Pest Resistance:** A hearty plant is one that can resist the myriad threats posed by pests and diseases. Developing such resilience can reduce the need for chemical interventions.

**Environmental Robustness:** With diverse environmental conditions across different geographical regions, breeding plants tailored to thrive under specific local conditions - such as drought or high salinity - has always been crucial.

## 3. LIMITATIONS AND CHALLENGES

While traditional plant breeding has stood as a beacon in the realm of agriculture, it has not been without its challenges:

**Time Factor:** Breeding a new variety of plant, the traditional way, can be a slow process. Achieving a desired trait or a combination of traits might need several generations of selection, translating to many years, sometimes even decades.

**Precision:** The endeavor is often akin to finding a needle in a haystack. When breeding plants for a specific trait, without the granular genetic insights available to modern breeders, traditional plant breeders often grappled in the dark, relying on phenotype (observable traits) without a clear understanding of the underlying genotype (genetic information).

**Unwanted Traits:** Often, along with the desired trait, other, perhaps undesirable traits might also get passed on, a phenomenon known as linkage drag [6]. This could sometimes mean that a plant might become resistant to a certain disease but at the cost of reduced yield.

**Genetic Limitations:** Traditional breeding often limits itself to the genetic variation within a crop species. When attempting to introduce a trait not naturally found within the accessible genetic pool, breeders faced considerable constraints.

## 4. EXAMPLES OF HISTORICALLY SUCCESSFUL BREEDING PROGRAMS

Despite the inherent challenges, the annals of traditional plant breeding boast numerous success stories that profoundly impacted global agriculture:

**The Semi-dwarf Wheat of the Green Revolution:** In the mid-20<sup>th</sup> century, the world witnessed a significant surge in crop production, known as the Green Revolution. One of the stars of this transformative era was the semi-dwarf wheat developed by Dr. Norman Borlaug. These wheat varieties were not only shorter, which meant they were less prone to lodging or falling over but also exhibited enhanced yields. This innovation is credited with averting massive famines and has fed millions across the globe [7]. The Battle Against Potato Blight: The infamous Irish Potato Famine, caused by the potato blight disease, underscored the dire need

for disease-resistant potatoes. Through dedicated breeding efforts, several blight-resistant varieties of potato were developed. This not only prevented subsequent famines but also ensured that the potato remained a staple for many communities [8].

**Rice for Acidic Soils:** Traditional breeding methodologies came to the rescue when addressing the issue of acidic soils unsuitable for rice cultivation. Through careful selection and propagation of naturally acid-tolerant varieties, breeders developed rice plants that could flourish in such soils, increasing arable land [9].

### 5. ADVENT OF MODERN GENETICS IN PLANT BREEDING

The marriage of plant breeding with genetics has forever transformed the agricultural landscape. What was once a practice relying solely on observable traits and environmental variables has now become a sophisticated field of study, where DNA plays as pivotal a role as soil and sun. With genetics, the ability to understand, predict, and manipulate plant characteristics reached unprecedented heights. Let's delve into how modern genetics, with its intricate mapping of plant DNA, revolutionized plant breeding. The dawn of genetic research in plants can be traced back to the late 19<sup>th</sup> century. Long before the structure of DNA was deciphered, there was Gregor Mendel, a monk in what is now the Czech Republic. His meticulous cross-breeding experiments on pea plants between 1856 and 1863 laid down the foundational principles of heredity. Though Mendel's work went largely unrecognized in his lifetime, his laws of segregation and independent assortment set the stage for our understanding of genes and

inheritance [10]. In the subsequent decades, with the rediscovery of Mendel's work, scientists began to observe patterns of inheritance across various organisms, including plants. The 20<sup>th</sup> century brought with it a slew of breakthroughs. With the discovery of the structure of DNA in 1953 by Watson and Crick, the field was ripe for further exploration. Soon, researchers commenced mapping genetic information, known as genomes, for various organisms. The next giant leap came in the form of recombinant DNA technology in the 1970s, which allowed for the manipulation of genetic material, opening doors for genetic engineering [11]. DNA Marker-Assisted Selection (MAS): With the rise of molecular biology tools in the 1980s, plant breeders were introduced to a technique that would significantly hasten the breeding process. Using markers, specific sequences of DNA, breeders could now predict the presence of desired traits without waiting for the plant to mature. This prediction ability drastically shortened breeding cycles and allowed for more accurate selection [12].

**Transgenic Plants and Genetic Engineering:** The late 20<sup>th</sup> century witnessed the emergence of plants that had been deliberately modified by introducing foreign genes into their genomes. This revolutionary approach allowed breeders to introduce traits that were previously impossible using traditional methods. For instance, the creation of Bt cotton, a cotton plant modified to express a toxin from the bacterium *Bacillus thuringiensis*, gave the plant resistance against certain pests [13]. **Genome Editing using CRISPR-Cas9:** One of the most groundbreaking developments in recent years has been the adaptation of the CRISPR-Cas9 system for

**Table1. Key aspects of traditional genetics in plant breeding**

Aspect	Description
Methodology	Utilizes classical techniques like hybridization and selection
Goal	To improve plant characteristics like yield, disease resistance
Time Required	Usually years to decades
Genetic Control	Limited; less precise
Technological Requirement	Low; minimal specialized equipment required
Cost	Relatively low cost
Knowledge Base	Based on farmer experience and traditional knowledge
Genetic Scope	Generally involves the whole genome
Regulatory Hurdles	Fewer; usually less scrutinized than GMOs
Common Techniques	Cross-pollination, grafting, selection
Application	Agriculture, horticulture, floriculture
Environmental Impact	Variable; can be sustainable if managed well
Consumer Acceptance	Generally high as it's viewed as "natural"

*Several goals drive this painstaking and often multi-generational endeavor:*

genome editing. Originating as a defense mechanism in bacteria, CRISPR-Cas9 allows for precise edits in the DNA sequence. In plant breeding, this tool promises the introduction or removal of traits with unparalleled precision, without the need to introduce foreign DNA [14]. Whole Genome Sequencing: As technology progressed, so did our ability to read the entire genetic code of organisms. Sequencing the whole genomes of plants opened a treasure trove of information. This comprehensive genetic map serves as a reference, aiding breeders in understanding the intricate interplay of genes in determining a plant's characteristics. The sequencing of the rice genome in the early 2000s was a notable achievement in this regard, providing insights that have repercussions for a staple food of more than half the world's population [15].

## **6. MODERN GENETIC TECHNIQUES IN PLANT BREEDING**

In the contemporary world, plant breeding is in the midst of a transformative shift. Gone are the days when breeding was merely a game of chance, played out over lengthy timeframes. With the rise of modern genetic techniques, breeders are now better equipped than ever to tailor plants to meet specific needs, and in record time. The use of molecular markers has brought a level of precision to plant breeding that was previously unimaginable. These markers, sequences of DNA with known locations on a chromosome, serve as signposts. They can indicate the presence of a particular trait without direct observation of the trait itself [16]. At its core, MAS involves identifying and then selecting plants carrying markers associated with desired traits. The procedure starts by generating a DNA fingerprint of the plant varieties. When a correlation is identified between a marker and a desired trait, this marker can then be used in future breeding programs to rapidly and reliably identify plants carrying the trait. Genomic Selection represents a leap forward from MAS. Instead of relying on a few markers, GS uses information from the entire genome to predict the breeding values of individuals in a breeding population [17]. The fundamental principle behind GS is the use of comprehensive genome data. The breeding value of an individual is predicted based on its genetic makeup, and this prediction is used for selection. Training populations are crucial, where phenotypic data and genome-wide marker data are utilized to develop prediction models. GS doesn't rely on

identifying specific markers linked to a trait. This broad-based approach allows it to capture small effect genes that might be overlooked in MAS. Moreover, GS can drastically reduce breeding cycle time. Wheat breeding programs have demonstrated the potential of GS, with the method showing superior results in selecting high-yielding varieties over traditional breeding methods [18]. CRISPR/Cas9 stands for Clustered Regularly Interspaced Short Palindromic Repeats and CRISPR-associated protein 9. It is a technique adapted from a bacterial defense system and allows for precise changes to be made to DNA in living cells [19]. CRISPR has been utilized to enhance crop resistance, nutritional value, and adaptability. A notable application is the development of non-browning mushrooms, where a specific gene causing browning was targeted and turned off. As with all powerful tools, gene editing brings ethical dilemmas. Issues concerning ecological impact, unintended genetic changes, and long-term effects are being hotly debated. Regulations vary across countries, with some adopting a cautious approach while others embrace the technology more openly.

## **7. OMICS TECHNOLOGIES IN PLANT BREEDING**

Genomics focuses on the complete set of genes; transcriptomics on the RNA transcripts; proteomics on the full complement of proteins; and metabolomics on metabolites. Together, they offer a complete picture of the plant at various functional levels. The sheer volume of data generated by omics technologies demands sophisticated analytical tools. Machine learning and artificial intelligence are being employed to sift through this deluge of data to draw meaningful insights [20]. The study of drought tolerance in maize has been significantly enhanced through the use of omics technologies, providing breeders with a multi-faceted view of how plants respond to water stress at the genetic, protein, and metabolic levels.

## **8. MODERN TOOLS SUPPORTING GENETIC TECHNIQUES**

The burgeoning field of plant breeding, bolstered by advancements in genetic techniques, now heavily relies on cutting-edge tools. These tools not only enhance our understanding of plant genomes but also facilitate the rapid selection and development of optimized plant varieties. A deep dive into these tools showcases the

amalgamation of biology with technology, painting a vibrant picture of modern plant science. The completion of the Human Genome Project in the early 2000s, heralded by the development of high-throughput sequencing technologies, marked a significant leap in the world of genetics. These technologies, initially designed for human genomics, quickly found their way into plant breeding. High-throughput sequencing, often termed next-generation sequencing (NGS), has democratized genome sequencing. Traditional sequencing methodologies, which were time-consuming and expensive, were replaced by NGS platforms that could generate immense amounts of data rapidly and cost-effectively. This shift has allowed researchers to sequence multiple plant genomes, facilitating the identification of genes linked to vital traits [21]. Beyond just sequencing, NGS aids in the discovery of novel genes, mapping genetic variations, and even in transcriptomic studies, providing insights into gene expression and function. While genotyping provides an intrinsic view of plant characteristics at the DNA level, phenotyping offers an external perspective. It involves assessing the observable traits of a plant, from its height and color to more complex characteristics like drought resistance or yield. Modern phenotyping platforms have evolved into sophisticated systems. Drones equipped with multi-spectral cameras can monitor vast tracts of crops, analyzing their health and vigor. Automated greenhouses can simulate various environmental conditions, studying plant responses. High-resolution imaging tools can assess minute details, from the stomatal opening on leaves to root structures underground. These platforms have made the process of phenotypic data collection faster, more accurate, and considerably more detailed [22].

## 9. BIOINFORMATICS AND COMPUTATIONAL TOOLS

The data generated by modern genetic techniques is gargantuan. Sequencing a single plant genome can yield multiple gigabytes of data. Bioinformatics emerges as the bridge connecting this raw data to meaningful insights. It involves the use of software and computational methodologies to analyze, interpret, and visualize biological data. Tools like BLAST assist in comparing gene sequences, while platforms such as PLINK are used for genome-wide association studies. The R statistical programming language, with its plethora of packages tailored for genetic analyses, has also become a mainstay in plant breeding research [23]. Additionally, machine learning and artificial intelligence algorithms are now being harnessed to predict plant characteristics based on genetic data, marking a futuristic approach in plant breeding.

## 10. DATABASES AND REPOSITORIES FOR PLANT GENOMICS

With the surge in plant genomic data, the need for centralized databases and repositories has grown more pronounced. These platforms serve dual purposes: they act as storehouses for the voluminous data and also as tools for researchers across the globe to access, share, and collaborate. Platforms such as Phytozome and PLAZA provide comprehensive plant genomic data, while the Gramene database is a curated resource offering information on various cereals and grasses. These repositories not only host sequence data but also provide tools for comparative genomics, aiding researchers in drawing parallels across different plant species [24].

**Table 2. Key Aspects of Modern Genetics in Plant Breeding**

Aspect	Description
Methodology	Utilizes molecular techniques such as CRISPR, QTL mapping
Goal	Precise improvements in yield, disease resistance, nutrient content
Time Required	Shorter, often months to a few years
Genetic Control	Precise; targeted genes or traits
Technological Requirement	High; specialized equipment and expertise required
Cost	Generally higher cost due to technology and expertise
Knowledge Base	Based on advanced genetic and molecular research
Genetic Scope	Can target specific genes or clusters of genes
Regulatory Hurdles	More stringent; GMOs often undergo rigorous testing
Common Techniques	Genetic engineering, marker-assisted selection, genome editing
Application	Agriculture, pharmaceuticals, biofuels, etc.
Environmental Impact	Variable; could be more sustainable if designed well
Consumer Acceptance	Mixed; some resistance due to concerns about GMOs

## 11. CHALLENGES AND LIMITATIONS

Modern genetic tools and techniques have undeniably enhanced our capacity to improve plant species for better yield, resilience, and nutritional content. However, this revolution is not without its challenges. From technical bottlenecks to complex ethical debates, the path forward in plant breeding is fraught with hurdles that necessitate multifaceted solutions and holistic perspectives. At the heart of modern plant breeding lies the intricate interplay between various genetic tools and methodologies. Yet, integrating these tools can be a herculean task. One of the main challenges arises from the sheer volume of data generated. High-throughput sequencing, for instance, yields massive datasets, and effective data storage, retrieval, and analysis can be formidable [25]. Then there's the issue of genetic diversity. While we've sequenced a multitude of plant genomes, these are often from a handful of model organisms or commercially important crops. The vast genetic diversity, especially in underutilized crops or wild relatives, remains largely untapped. These genetic resources could be goldmines for traits like pest resistance or drought tolerance. While techniques such as CRISPR have greatly increased the precision of genetic modifications, they aren't flawless. Off-target effects, where unintended portions of the genome are modified, can be a concern. Such inaccuracies could have unforeseen consequences, especially if the modified plants are released into the environment. The potential of genome editing in plant breeding, especially using tools like CRISPR, has sparked intense ethical debate. One central issue is the distinction between genetic modification (GM) and genome editing. While GM often involves introducing foreign DNA into a plant, genome editing typically involves precise changes within the existing DNA. This blurs the line between traditional breeding (which might lead to similar genetic changes over time) and genetic engineering [26]. Another ethical dilemma pertains to the long-term environmental impacts. Unintended ecological consequences, from cross-breeding with wild relatives to potential impacts on non-target species, remain a concern. The global nature of agriculture also implies that a genetically edited crop in one country could have ramifications in another, necessitating international dialogues and frameworks. The realm of genetic tools in plant breeding has also reignited discussions on intellectual property rights (IPR). As private companies increasingly invest in developing and

refining these tools, the race to patent genetic techniques and the resultant crops has intensified. This raises a crucial question: Who owns the rights to genetic resources and innovations in plant breeding? IPR can promote innovation by granting inventors exclusive rights to their innovations, ensuring monetary benefits. It can also hinder the free exchange of genetic resources, a cornerstone of traditional plant breeding [27]. There's also the challenge of balancing commercial interests with farmers' rights, especially in regions with rich agricultural biodiversity. The integration of modern genetic tools into agriculture is not merely a scientific endeavor; it is deeply intertwined with socioeconomic and cultural contexts. In many regions, genetically modified or edited crops are met with skepticism or outright opposition. This resistance stems from a myriad of factors, from concerns over corporate control of agriculture to deeply rooted cultural beliefs about 'natural' farming [28]. Farmers, especially those in resource-poor settings, might also lack the necessary training to adopt crops developed through modern breeding techniques. The costs associated with these crops, whether in terms of seeds or complementary inputs like specific pesticides, could also be prohibitive. Additionally, global disparities in access to genetic tools and technologies can exacerbate existing inequalities in agriculture. While developed nations surge ahead with cutting-edge breeding programs, developing nations risk being left behind, amplifying food security concerns.

## 12. FUTURE PERSPECTIVES

As we traverse the intricate mosaic of plant breeding's past and present, it becomes imperative to cast our gaze forward. The trajectory of plant breeding, intricately woven with the threads of technology, collaboration, global dissemination, and policy, hints at a future both promising and challenging. As the dawn of a new era in plant breeding approaches, a slew of technologies beckons, promising to redefine the very paradigms of the field. One such transformative technology is synthetic biology. By reimagining and redesigning biological systems, synthetic biology could enable the creation of plants with entirely new functionalities, potentially revolutionizing fields from agriculture to bioenergy [29]. Imagine crops specifically engineered to thrive in extreme environments, from saline soils to water-scarce regions, mitigating the impending threats of climate change. Additionally, the frontier of artificial intelligence (AI) and machine learning intersects

with plant breeding, offering avenues to decipher complex genetic data at unprecedented speeds. Predictive modeling using AI could potentially forecast how different genetic combinations might manifest in terms of plant traits, streamlining the breeding process. The confluence of biology with fields like data science, engineering, and even social sciences underlines the multidisciplinary nature of modern plant breeding. Such an intersection necessitates collaboration, not as a choice, but as a fundamental requirement. Bioinformaticians can decode the massive datasets that geneticists produce, engineers can craft tools that botanists need, and social scientists can help navigate the intricate socio-cultural landscapes that new crops will inhabit. Only by breaking down the silos that traditionally segregate academic and research disciplines can we harness the full potential of what modern plant breeding can offer [30]. The fruits of modern plant breeding, no matter how groundbreaking, will only reach their potential if they are globally disseminated and adopted. This dissemination, however, is laden with complexities. First, there's the need for capacity building. Developing nations, many of which are biodiversity hotspots and agricultural powerhouses, need infrastructural and technological support to adopt and adapt modern breeding techniques. International collaborations, research exchanges, and training programs can play pivotal roles in this endeavor [31]. Then there's the challenge of public perception. The 'GMO debate' has underscored the critical importance of public outreach and science communication. Building trust is crucial. Transparent research practices, open dialogues with stakeholders, and engaging with communities can pave the way for the wider acceptance of genetically improved crops.

### 13. CONCLUSION

In the evolving tapestry of plant breeding, the convergence of traditional knowledge and cutting-edge technology signifies a pivotal juncture. While modern tools and techniques herald unprecedented possibilities—from enhanced crop yields to resilience against climate extremes—these advancements come with their unique set of challenges. Navigating issues of global dissemination, ethical considerations, and regulatory complexities will demand not just scientific rigor but also interdisciplinary collaborations and inclusive policy-making. As we stand on the precipice of this new era, a holistic, globally-cohesive, and ethically-grounded approach will be essential to

harness the full potential of plant breeding innovations and ensure food security for future generations.

### COMPETING INTERESTS

Authors have declared that no competing interests exist.

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